

BRANCH BULLETIN

November 2025



SAVE THE DATE! CONVENTION 2026!!

The 103rd Annual Convention of the Saskatchewan Branch of the Canadian Postmasters and Assistants Association will be held at the Painted Hand Casino in Yorkton on April 25th, 2026.

Accommodations will be at the Home Inn and Suites. This will be our first time hosting a convention in Yorkton, and we're looking forward to seeing our members there! Please keep this date in mind if you plan on attending.

More convention information will follow in our next newsletter, as well as on our website!



New Hires, Promotions, Retirements

Welcome New Hires!

Shawn Panio- Margo
Tess Giraudier- Willow Bunch
Deborah Pahtayken- Wapella
Logan Leobert- Unity
Kendra Moore- Spiritwood
Heather McAllister- Loon Lake
Melissa Bates- Outlook
Bernedette Nickolet- Hafford

Congrats on Your Promotion!

Nicole Campbell- Maidstone
Robin Lafond- Shell Lake
Wendy Janzen- Codette
Fiona Charles- La Ronge
Marianne Deforrest- Martensville
Joanne Kayser- Weldon
Simone Jones- Ponteix
Loretta Ann Uchacz- Warman

Enjoy Your Retirement!

Connie Wood- Warman
Nyla Dean- Shell Lake
Holly Frechette- Ruthilda
Angela Edstrom- Weldon
Shelly Haugen- Loreburn
Maureen Feader- Martensville
Janice Yarshenko- Govan
Lousie Thompson- Duff
Michelle Garry- Willowbrook
Shirley Schmidt- Webb
Lori Wolowski- Preeceville

Your Union – Working Hard to Save Jobs

At the time of this writing, we know that Canada Post has presented its transformation plan to Minister Joel Lightbound. Unfortunately, we do not know what the plan entails or what the changes will look like moving forward. Our National President Dwayne Jones has held meetings with the Minister and has testified at the OGGO (Standing Committee on Government Operations and Estimates) recently. Additional data is being submitted to the committee by our National Office to help them understand the issues at hand and how important our rural post offices are to Canadians.

In April, letters were mailed out to every MLA and the Premier in our province, asking them to support and speak to their colleagues in Ottawa to keep rural post offices open. We had hoped this would have been a strong talking point for the election. In June posters were mailed out to each of our members, and we asked that they be hung up in your community. Also in June, 590 letters were mailed to all governing bodies in Saskatchewan: RMs, towns, villages, etc. We asked them to show support by mailing the federal government and asking them to keep rural post offices open.

If you or your community members would like to write a letter to your MP expressing concerns for rural post office closures, you can find a template on our website.

Stay informed, go to our website:

www.cpaask.org.

We are stronger together.



JUST FOR YOU

Just For You, the training program developed by the National office to educate those who are interested in increasing their union knowledge, was held in 4 different locations during the week of October 20-24, 2025. Five participants were selected from Saskatchewan to attend the training week in Calgary, AB. We've included excerpts from their write-ups below. Please go to our website to read the full write-ups from our enthusiastic attendees!

"My experience at the Just For You conference in Calgary was excellent! Our trainers, Judy & Kim were knowledgeable, patient and fun! I learned a lot not only about the union but how different offices operate. If you have never attended this course, I highly recommend you apply next year. What a fun filled week it was!"

Simonne Therrien
Senior Assistant, Carlyle

"In October I had the opportunity to attend the Just For You Training in Calgary. Throughout the course, there was plenty of time to ask questions and share experiences with each other. This course is an amazing opportunity for everybody, whether you are brand new to Canada Post or CPAA, or you have been a part of the union for a long time but would now like to further your knowledge of the union."

Manny Grimm
PM, Pilot Butte

"This three-day Just For You experience through CPAA was a great learning experience for me. It gave me information and resources that I knew were there but wasn't quite sure how to use/ reach them. It also showed me how many similarities there are within offices across our region."

Melanie Schempp
PM, Neilburg

"After more than 20 years of being with Canada Post, I was selected and given the absolute privilege of attending the CPAA Just For You seminar! We dove into our Agenda, learning the history of CPAA, structure of CPAA, Membership, Union dues, By-Laws and Policies, Canada Labour Code, and Human Rights. So much information, broken down so we can understand it! We dove into the Collective Agreement. We learnt all about our rates of pay, our office levels, staffing, term employee rights, our benefits and so much more! Thank You so much CPAA for selecting me for this opportunity!!"

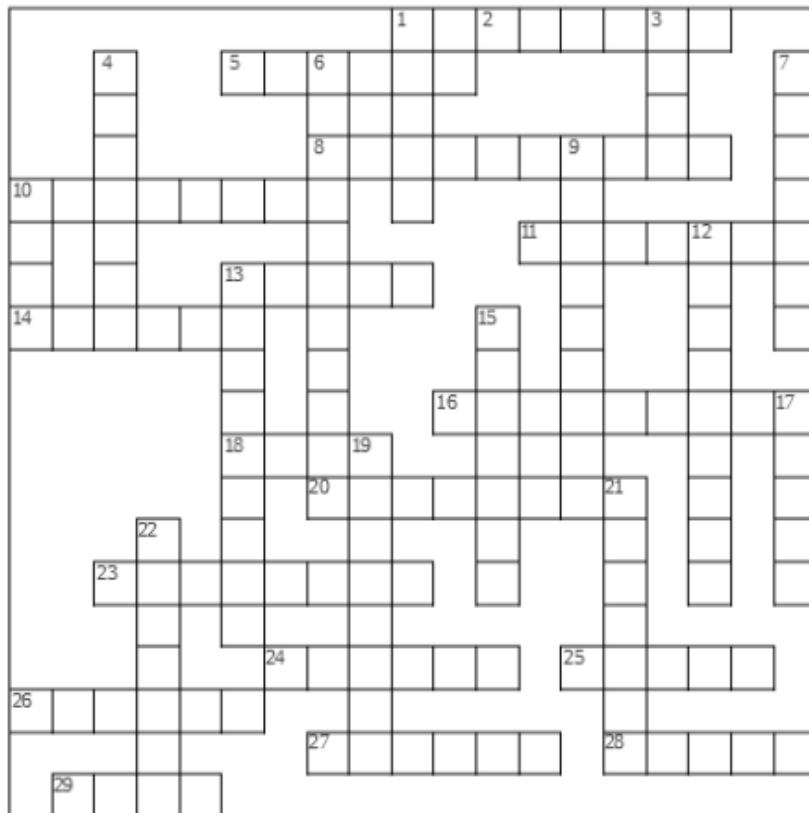
Tara Fehr,
PM Carrot River

"I attended the Just For You training in October 2025 and it was such an amazing experience! The trainers were not only extremely knowledgeable but hilarious as well! Kim and Judy's humour made the days go by quickly and the reading not so dry. In addition to gaining valuable knowledge and insight I also bonded with some wonderful people! We did several outings together including successfully solving puzzles to get out of an escape room. I highly recommend this training session!"

Tracy Warner
Senior Assistant, Battleford



Christmas



Across

- 2 Famous snowman
- 5 Traditional dairy drink
- 8 An opener or a famous ballet
- 10 Hung over the fireplace
- 11 Carrot-nosed figure
- 13 Christmas song
- 14 Circular decoration
- 16 Dance of the ____ Fairy
- 18 Tree topper
- 20 Christmas month
- 23 Tree decoration
- 24 Santa's ride
- 25 Santa's helpers
- 26 ____ Bells
- 27 Green Christmas thief
- 28 Plant with red berries
- 29 The First Christmas, "The First ____"

Down

- 1 ____ Pole
- 3 Green Christmas decoration
- 4 Mean or miserly person
- 6 Treat used to build miniature houses
- 7 How Santa gets in
- 9 Striped sweet
- 10 Frozen rain
- 12 Christmas "kissing" plant
- 13 Gift giving holiday
- 15 Little ____ Boy
- 17 ____ Christmas; A season's greeting
- 19 Rudolph and friends
- 21 Lead reindeer
- 22 Kris ____

2026 Associate Membership Dues

Associate Member dues are for members who are currently retired, but who wish to receive the newsletter and take part in our convention.

Name: _____

Address: _____

Email Address: _____

Phone #: _____

Please cut out and mail with your \$10.00 cheque or money order, payable to:

CPAA Saskatchewan Branch

and mail to:

Janelle Christensen, Secretary-Treasurer

PO Box 189

Hawarden SK S0H 1Y0

***To receive the SK Branch Newsletters and publications from the CPAA-ACMPA National Office during the year, Associate Member dues must be paid before January 31, 2026.

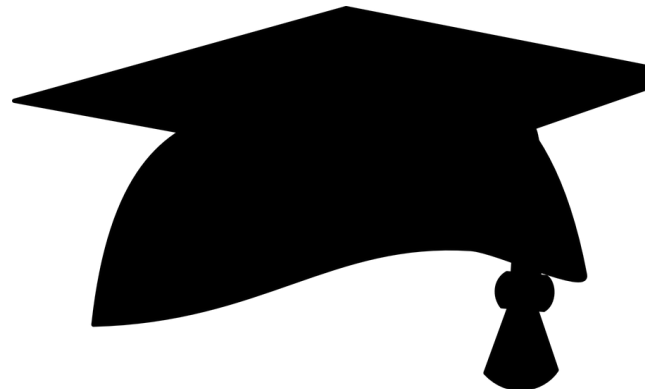


Wishing you all a happy, healthy holiday season and some well-deserved rest and relaxation. May the season be one of joy, celebration and the year to come filled with health and new blessings.

Yolanda Kreitzer
President

2025 CPAA SK Branch Scholarship

All essay submissions for the 2025 CPAA SK Branch Scholarship were to be received on or before Friday, October 31, 2025. During the week of November 18th to November 21st all essays will be reviewed by all board members, and the successful applicant will be chosen at that time. The scholarship recipient will be notified on or before December 15, 2025. A photo and a brief biography of the recipient will appear in the next edition of the Branch Bulletin.



EMAILS/LETTERS TO THE BRANCH

Please don't email any CPAA SK board member from RPOS. It will not reach us. Instead, email us from your personal email account, or call one of us!

Similarly, please do not mail CPAA SK Branch using Canada Post envelopes or any type of Canada Post prepaid labels. Please use your own envelopes and stamps.

You can also reach us through our website: cpaask.wordpress.com.

As 2025 draws to a close, may the magic of the Christmas season fill your hearts and homes with peace, joy and love. Safe travels and warmest wishes for a wonderful holiday season and a very happy New Year!!!

Janelle Christensen
Secretary-Treasurer



Christmas Hours:

Remember to request extra hours as needed during the Christmas Peak season.

DO NOT VOLUNTEER YOUR TIME! TAKE YOUR BREAKS AND LEAVE WORK ON TIME!

Art. 20.14 – Where there is immediate operational requirement for a Part Time Assistant to work extra hours and the designated approval officer(s) is/are not available, Postmasters may authorize such extra hours to be worked. In such a situation the Postmaster must report the situation to the designated approval officer(s) at the earliest opportunity.

A flyer for CPAA Saskatchewan Branch Member Discounts. It features a header with the CPAA and ACMPA logos, surrounded by Christmas ornaments. The main title is "Member Discounts". Below it, it states "CPAA members save! Union Savings provides discounts & benefits to CPAA Saskatchewan members and their families." It then lists "GET YOUR DISCOUNTS" with instructions to find CPAA on the list and register to start saving, with the website unionsavings.ca. A list of discount categories includes: Auto, Attractions, Entertainment, Electronics, Fashion & beauty, Home decor & appliances, Mobile phones & plans, and Travel. At the bottom, there is a small illustration of a Christmas tree and contact information: "Need help? info@unionsavings.ca 1-800-418-2990".

Wishing you a holiday season filled with love, laughter and amazing memories.

Happy Holidays!

Amanda Hannah
Vice-President



Wishing you a Merry Christmas filled with love, laughter, and happy moments.

Kathy Alexander
Director

FAQ – Letter of Interest

We've updated our FAQ on the Letter of Interest, as it has changed due to the change in our Collective Agreement. Please refer to Art. 11.08 (b) (i-iv) – Acting Assignment in the Collective Agreement for the change in who is asked first.

Q – Who is eligible to submit a letter of interest?

A – Any member that holds a permanent position (works regularly scheduled hours) full-time, senior assistants, part-time, group postmasters.

Q – I am a Postmaster; I have a part-time assistant in my office. I want to take a full day off. Who do I ask first?

A – You must ask your part-time assistant (s) first, for all hours that you will not be in the office. If they are not available, then you must ask the continuous term(s) in your office next, before asking anyone who has submitted a letter of interest to your office. Terms without continuous service are asked if no one on the letter of interest list can take the hours.

Q – Where do I get a list of people who have submitted the letter of Interest?

A – Your LAS should distribute the names/list.

Q – I am a Postmaster; I do not have any part-timers in my office. I want to take 3 hours off on Friday afternoon. Do I have to call someone from the list of names that have submitted a letter of interest?

A – No. The letter of interest only applies when you are acting as a PM or SA for a full shift.

Q – How do I know if I qualify for an Acting Assignment?

A – Art 11.08 (a) – the PM or SA position must be a higher classification level than what you are currently in.

Q – I am a continuous term. Can I submit a letter of interest to my LAS (local area supervisor)?

A – No. You must work regularly scheduled hours.

From my house to yours, wishing you a
happy holiday season full of joy and
laughter! May 2026 be your best year yet!

Crystal Dumonceaux
Director

What's an elf's favorite music genre?
Wrap music!

Why did the Elf go to school?
To improve his elf-abet!





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USEFUL CONTACTS

ACCESS HR

Phone : 1-877-807-9090

Fax : 1-613-734-6347

Email : accesshr@canadapost.ca

TELUS Health/Canada Life – STDP

Phone: 1-855-554-3148

CANADA POST PENSION CENTER

Phone: 1-877-480-9220

Website: cpcpension.com

WORKERS COMPENSATION BOARD (WCB)

Phone: 1-800-667-7590

Website: wcbsask.com

CANADA LIFE BENEFITS

Phone: 1-866-716-1313

Website: canadalife.com

EFAP (EMPLOYEE AND FAMILY ASSISTANCE PLAN)

Phone: 1-866-565-4903

Website: <https://homeweb.ca/>

CPAA NATIONAL OFFICE

Phone: 1-613-745-2095

Email: mail@cpaa-acmpa.ca

Website: <https://cpaa-acmpa.ca/wp/>

CPAA SK BRANCH WEBSITE

<https://cpaask.org/>

